



MASSAGE THERAPIST

IZABELLA PICCO

Thai Massage Therapist, Vibrational Sound Healer, Reiki Practitioner, Holistic Body Healer, Breathwork Facilitator & Yoga Instructor



I was born with a passion for health and wellness and have a strong belief in the benefit of Thai massage, vibrational sound healing and body work as part of a holistic approach to overall health and vitality. I have been helping my patients reduce stress and anxiety, as well as increase their mobility, flexibility, and recovery from injury.

I have a particular interest in chronic physical and emotional pain relief, tension release, as well as the overall mental health of my clients. I strive to improve the quality of life of all who I touch physically and energetically.

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