Crossroads Collective Educational Institute

Practicum / Internship Curriculum

Clinical Schedule / Weekly Agenda Items

| Week 1 | Chapter 1 – Preparation Chapter 5 - Supervision Meet and Greet Expectations Email Etiquette and expectations Policy and Procedure Manual Intern Manual |
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| Week 2 | Chapter 2 – Getting Started Theoretical Orientation - Do Exercise from Second Text Book – Haliburton - Discuss your Theoretical Orientation |
| | Complete 16 Personalities test for yourself <u>Free Personality Test 16Personalities</u> Your results will come into play when developing case conceptualizations from both personality tests listed above |
| Week 3 | Chapter 3 – Internship and Peer Groups Chapter 7 Clinical Writing, Treatment Records and Case Notes and Appendix A First Session Videos How to start a session How to end a session How to take payment How to rebook clients |

| | Jane Review |
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| | First session – be present – be you – be attuned – you are not there to solve their problems – they are. |
| | Charting – Clinical Records – Subpoenas |
| | Treatment Plans |
| | If not using Jane, where are you keeping your notes – under lock and key not in your car |
| | Informed Consent and Confidentiality |
| | Interview Intake Sessions – Appendix A and Review Risk Assessment of this document |
| | How to Write Notes: How to write notes – be brief, insurance companies are not your friends, does your client now want something written in their notes. |
| | How to use technology appropriately |
| Week 4 | |
| Week 4 | Resources for Communication |
| | How to use Social Media Appropriately |
| | Request for Information and Records - Release of Information - How to draft appropriate professional documentation |
| Week 5 | Chapter 4 – Ethical and Legal Issues |
| | Insurance requirements and why it's needed especially if you are not incorporated |
| | Legal Consultation – BCACC, CCPA, ACCT |
| | Liability and Risk of being a counselor |

| Week 6 | First Client Sessions and bringing experiences forward to discuss |
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| Week 7 | Duty To Report Booking vacations and not taking too much time off or you will lose clients or fail to build your practice CCPA vs BCCAC and other regulatory bodies Psychological Testing - when to refer and how |
| Week 8 | |
| | Dual Relationships Boundaries and Attraction to others Classic BPD Client when you feel too drawn in and connected to their story Post Therapy Relationships |
| Week 9 | Chapter 6 – Working with Diversity Gender Affirming Presentation Neurodiversity Presentation Working with Children and Separated Divorced parents Benefits of virtual vs in person counselling |
| Week 10 | Admin Topics Schema Therapy |
| | Open Topics / Case Presentations |

| Week 11 | |
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| | Chapter 8 – Stress and Self Care Chapter 9 – Assault and Other Risks |
| | Additional Training/Specialization |
| | Self Care |
| | Assault and other risks |
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| Week 12 | Confidentiality |
| | Facebook, social media, drinking in public – you are regarded as a professional and have a duty to always be professional |
| Week 13 | Chapter 10 – Closing Cases |
| | Chapter 11 – Finishing Internship |
| | Closing files – referring clients to other counselors in our clinic |
| | Next Steps |
| Week 14 | Incorporating vs Sold Proprietor |
| | Interns Becoming Associates and their process. Rate changes, sliding Scale and going from Associate to Registered Clinical Counselor rates |
| | Referring clients for other paramedical services |
| Week 15 | Marketing Presentations and how to build a private practice quickly |
| Week 16 | Chapter 12 – Frustrations, Lessons, Discoveries and Joys |

| Open topics and catch up |
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| What are your hopes and dreams? What have you learned about yourself these past 4 months? Do you think you will see different clients than you thought? Less / More? How have you grown and changed through this experience? |
| What could we have done better as internship |
| supervisors and leaders of Crossroads? |